



Anchor Center Newsletter

October 2020

COVID-19 Housing Assistance Program

The COVID-19 Housing Assistance Program (CHAP) officially has launched and is open for applications.

What is the COVID-19 Housing Assistance Program?

This program was created from the \$100 million Coronavirus Relief Fund established by the Walz/Flanagan Administration to help prevent evictions, prevent homelessness, and maintain housing stability for eligible renters and homeowners. Local administrators will review applications from individuals and families requesting assistance,

verify eligibility, and process payments for eligible expenses on behalf of households.

Am I eligible to apply?

To qualify for housing assistance, Minnesota households must meet all of the following criteria:

1. Income at or below 300% of federal poverty guidelines, with a preference for those at or below 200% of federal poverty guidelines.
2. Have an eligible expense that was incurred after March 1, 2020 that is past due. Housing assistance funds can

only be used for eligible expenses incurred between March 1, 2020 and December 30, 2020.

3. Be unable to make one or more payments owed because of the public health emergency due to unemployment, illness, or another COVID-19 related issue.

What expenses are covered?

The program covers past due housing expenses such as:

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Message from the Anchor Center Staff

Greetings! Hoping this greets you all with the very best of health and happiness. Just wanted to drop a note to say hello and that you are all very well missed. We are having Anchor Center chats on Tuesdays and Fridays and would like anyone at all to participate. It's a good way to stay socially fit and continue to be a part of Anchor Center activities. Fall is such a beautiful time. I enjoy reflecting, soul-searching, and watching the trees turn. This has been an interesting time in all of our lives. May each one of us wake in the morning with breath in our lungs, a smile in our heart, and a graceful step into the day. Each day is a new beginning; enjoy this day for there will never be one like it again. This now is a gift; enjoy it. We look forward to seeing you all again in the beautiful and ever-changing future we all encounter. May peace and light be with you.

Special points of interest:

- Anchor Center will be closed until further notice.
- Like us on Facebook @ Scott County Anchor Center.
- Check out the October Wellness Calendar.
- Halloween is on a Saturday this year! Have a Spooktacular time!

CDC Guidelines on Halloween



“There are several safer, alternative ways to participate in Halloween.”



Many traditional Halloween activities can be high-risk for spreading viruses. There are several safer, alternative ways to participate in Halloween. If you may have COVID-19 or you may have been exposed to someone with COVID-19, you should not participate in in-person Halloween festivities and should not give out candy to trick-or-treaters.

These lower risk activities can be safe alternatives:

- Carving or decorating pumpkins with members of your household and displaying them
- Carving or decorating pumpkins outside, at a safe distance, with neighbors or friends
- Decorating your house, apartment, or living space
- Doing a Halloween scavenger hunt where children are given lists of Halloween-themed things to look for while they walk outdoors from house to house admiring Halloween decorations at a distance
- Having a virtual Halloween costume contest
- Having a Halloween movie night with people you live with
- Having a scavenger hunt-style trick-or-treat search with your household members

in or around your home rather than going house to house

Moderate risk activities:

- Participating in one-way trick-or-treating where individually wrapped goodie bags are lined up for families to grab and go while continuing to social distance (such as at the end of a driveway or at the edge of a yard)
- If you are preparing goodie bags, wash your hands with soap and water for at least 20 second before and after preparing the bags.
- Having a small group, outdoor, open-air costume parade where people are distanced more than 6 feet apart
- Attending a costume party held outdoors where protective masks are used and people can remain more than 6 feet apart
- Going to an open-air, one-way, walk-through haunted forest where appropriate mask use is enforced, and people can remain more than 6 feet apart
- Visiting pumpkin patches or orchards where people use hand sanitizer before touching pumpkins or picking apples, wearing masks is

encouraged or enforced, and people are able to maintain social distancing

- Having an outdoor Halloween movie night with local family friends with people spaced at least 6 feet apart

Avoid these higher risk activities to help prevent the spread of the virus that causes COVID-19:

- Participating in traditional trick-or-treating where treats are handed to children who go door to door
- Having trunk-or-treat where treats are handed out from trunks of cars lined up in large parking lots
- Attending crowded costume parties held indoors
- Going to an indoor haunted house where people may be crowded together and screaming
- Going on hayrides or tractor rides with people who are not in your household
- Using alcohol or drugs, which can cloud judgement and increase risky behaviors
- Traveling to a rural fall festival that is not in your community if you live in high spread COVID-19 area.

Creamy Tuscan Chicken

Ingredients:

1½ pounds boneless skinless chicken breasts thinly sliced

2 Tablespoons olive oil

1 cup heavy cream

1/2 cup chicken broth

1 teaspoon garlic powder

1 teaspoon italian seasoning

1/2 cup parmesan cheese

1 cup spinach chopped

1/2 cup sun dried tomatoes

Directions:

In a large skillet add olive oil and cook the chicken on medium high heat for 3-5 minutes on each side or until brown on each side and cooked until no longer pink in center. Remove chicken and set aside on a plate.

Add the heavy cream, chicken broth, garlic powder, italian seasoning, and parmesan cheese. Whisk over medium high heat

until it starts to thicken. Add the spinach and sundried tomatoes and let it simmer until the spinach starts to wilt. Add the chicken back to the pan and serve over pasta if desired.



COVID-19 Housing Assistance Program

continued

(Continued from page 1)

1. Rent payments
2. Mortgage payments
3. Contract for deed payments
4. Manufactured home park lot rents and payments
5. Utility payments
6. Homeowners Association fees

How to connect with CHAP:

1. CALL 211 or toll free at 1.800.543.7709 or 651.291.0211 (from cell phones)
2. ONLINE at www.211unitedway.org
3. TEXT "MNRENT" or "MNHOME" to 898-211

The 211 helpline has dedicated multilingual

staff available to answer questions about the COVID-19 Housing Assistance Program from 8:00 a.m. - 8:00 p.m. Monday through Friday.

Although there is no application deadline, households are strongly encouraged to apply as soon as possible. Funding is limited and in some cases on a first come first serve basis.

Anchor Center

752 Canterbury Road South

Shakopee, MN 55379

(952) 496-8666

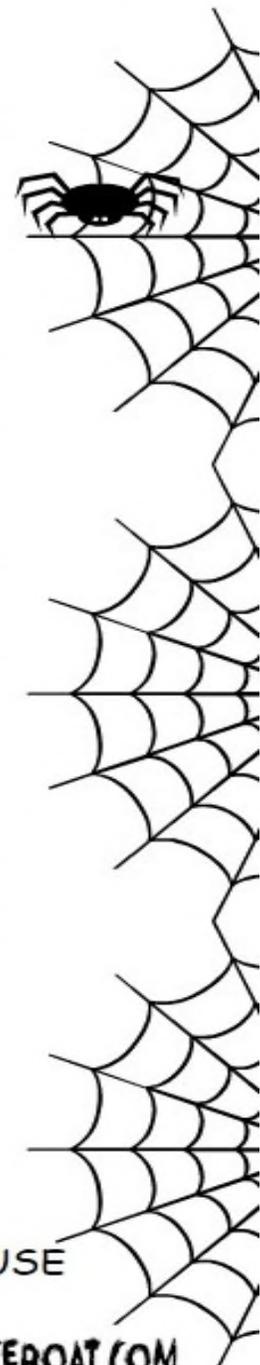
Scottcountymn.gov



The Anchor Center is a community support program that is part of the Adult Mental Health unit of Scott County Health and Human Services. We have a calendar full of events to help and support adults with mental health issues. We welcome you to join us for a drop in or special event. Check the calendar attached to this newsletter to learn more. We look forward to seeing you again or meeting you for the first time!

HALLOWEEN WORDSEARCH

N	E	E	W	O	L	L	A	H	R	B	R	Q	R	N
I	Q	H	N	R	O	C	Y	D	N	A	C	M	G	V
E	T	T	V	W	C	O	S	T	U	M	E	A	U	R
A	Y	X	H	F	I	C	D	X	O	M	S	R	V	E
E	F	V	I	G	M	T	C	H	M	M	P	O	S	B
Z	Y	M	F	Z	I	J	C	O	R	L	O	U	P	O
S	V	M	X	E	T	R	N	H	R	B	O	N	U	T
K	S	A	A	A	H	S	F	S	Q	H	K	K	M	C
S	T	E	E	L	T	Q	H	B	D	B	Y	W	P	O
A	S	R	Y	E	T	O	Y	E	D	F	C	W	K	B
M	T	C	R	S	R	D	T	W	S	T	L	H	I	G
O	A	S	O	R	N	N	F	B	B	C	R	Q	N	C
A	A	H	O	A	U	A	L	O	J	S	A	I	L	R
L	G	R	C	A	G	I	Z	C	G	Z	Z	R	C	E
W	N	Q	H	H	U	K	W	W	L	Q	F	I	Y	K



GHOST
WITCH
TRICK
TREAT
CANDY

PUMPKIN
MONSTER
COSTUME
SPOOKY
SCARY

FRIGHT
HORROR
SCREAM
BOO
MASKS

COB WEBS
CANDYCORN
HALLOWEEN
OCTOBER
HAUNTED HOUSE