

Cultivating Safety: Responsible Storage of Cannabis Edibles



If you consume edible cannabis, it is important to store it safely. Too often, edibles look like regular snacks and appeal to children.

Cannabis use can be scary and dangerous for children. As more states legalize its use, emergency rooms have seen an increase in children brought to the hospital after accidentally ingesting edibles.

Signs and Symptoms of Edible Cannabis Use in Children

- Intoxication
- Altered perception
- Anxiety, panic, paranoia
- Dizziness
- Weakness
- Slurred speech
- Poor coordination
- Sleep apnea
- Heart problems

If You Have Edibles in Your House

- Store them as you would medications and other potentially toxic products.
- Make sure the products are out-of-reach of children, ideally in a locked location in child-resistant packaging or containers.
- Store edibles in their original packaging, but add additional labels on them to prevent them from being mistaken for snacks.
- Know the signs and symptoms of accidental use by children.

Contact the Poison Control Center if you suspect your child has ingested edibles. In Minnesota the number is 800-222-1222.