

# Scott County Community Health Improvement Committee | MINUTES

April 24th, 2023. | 2pm-4pm | Zoom

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## Attendees:

- Alan Hermann, Scott County Transit
- Amber Kahnke, Mayo Health System
- Alysa Delgado, Scott County Parks
- Annie Halland, UCare
- Amanda Soleim, Scott County WIC
- Caitlin Judd, Scott County- Together we Can
- Casey Steciw, Scott County- SHIP
- Danielle Fox, Scott County Social Services
- Darcy Maskevich, Scott County Public Health
- Dave Beer, Scott County Commissioner
- Erin Clark, Allina
- Gretchen Young, Scott County
- Haley Miskowiec, Scott County SHIP
- Jayme Carlson, Scott County- Drug Free Communities
- Jenifer Jiang, Blue Cross MN
- Jodi Leraas, Scott County Public Health
- Kenzie Wilcox, WGH Group
- Kirt Briggs, City of Prior Lake
- Leon Flack, UCare
- Leah Mahoney, Mayo Clinic Health System
- Lisa Brodsky, Scott County Public Health
- Lloyd Erbaugh, Mental Health LAC- Scott County
- Maritza Real, CAP Agency
- Mary Kay Stevens, Scott County Public Health
- Megan Keller, Scott County Public Health- WIC
- Michael Garber, Scott County Public Health
- Mike Wilcox, Scott County
- Nikki Halberg, Scott County
- Pakou Xiong, Health Partners
- Paul Danicic, Park Nicollet Foundation

- Renee Farrow, Medica
- Rocky Sodetani, Scott County Public Health
- Sahra Odowa, Scott County-SHIP
- Susan Wangen, Shakopee Schools
- Tamara Severtson, St. Francis Regional Medical System
- Tawnya Ward, Scott County

Guests:

- Hank Carlson
- Jen- Children's Dental Services
- Krystal, Family Resource Centers
- Nick Dyson
- Nikki Hallberg
- Sarah Brown
- Farhiya Khalif- Scott County
- Fukhrudin Khalif- Scott County
- Fou-Choua- Blue Cross
- Emily Starke, Shakopee Schools Community Education
- Emily Hill
- Michelle Sass- UHC

## AGENDA TOPICS

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### Action Group Updates

Overview of SHIP/SHIP Data & SHIP Updates – Casey Steciw

#### SHIP Data:

- Evidence is clear that local communities are the experts in what they need to promote health in their communities.
- SHIP ensures local communities are in the driver's seat of change efforts through Community Leadership Teams (CLTs).
- Each local public health agency receives SHIP funding to convene CLTs. CLTs inform the development and implementation of SHIP activities, which allows for local tailoring and prioritizing community needs, which allows for communities to determine what they need most urgently to prevent chronic disease and promote health.

#### SHIP Updates:

- Expansion of SNAP/EBT at Scott County Farmer's Markets
- Increase childcare providers we serve by connecting with centers and home-based providers (FFN) as this has shifted since COVID
- Increase work within our healthcare setting due to increase of statewide and flexible activities
- Increase partnerships working in Healthy Food Retail
- Expand our community driven work by seeking new partners &/or projects in health equity & diverse populations while continuing to maintain current relationships

#### Feedback Questions: What are the gaps?

Tamara Severtson, St. Francis Regional Medical System:

- Resources for parents? Parents doesn't understand on how to access resources and do not understand the issues that present mental health issues. Connect parents to resources and through the cultural liaisons – other ways to reach out to parents. Running a series? Giving parents more skills. Apartment managers? Other landlords? Feel like we worked with them for gardens a long time ago.
- Any strategies for belonging? Working on worksite wellness collaborative and can use similar tools within developing policies for the hospitals.
- Loaves & Fishes? Shakopee Community Assistance - helps families 0-5.

Sarah Brown (Guest):

- Question regarding the number of people reached? And any evaluation questions/data that are being collected? Lisa provided group with the 2021-2022 SHIP Annual Report. Reported and spoke about strategies and programs that have been worked on. Projects are broken down by strategies. Lisa Brodsky will send out the 2021-2022 SHIP Annual Report with minutes.

- With SNAP benefits being reduced back to pre-PHE times, ideas around increasing access (such as at farmers markets) will be meaningful.

Rocky Sodetani, Scott County Public Health:

- Possibly reaching out to licensed childcares around healthy kiddo meals

### **Feedback Questions: What should our focus be on next?**

Tamara Severtson, St. Francis Regional Medical System:

- Depending on the strategies are, SHIP can present and share with the group (SU Provider-Roger Meyers) about what SHIP is and what the strategies may be. Partners can develop in this way too.
- Health Powered Kids has free resources you could use with licensed (or family) childcare. Would love to partner on that with SHIP.
- NAMI MN - through Fanny Fernandez is also doing a Family Day this summer. (For Latino families.)

Lisa Brodsky, Scott County Public Health Director:

- Work that you are currently doing that you think we can help support through SHIP grant? Coordinate better together emergency response piece-prevention further upstream.
- FRC's can be a location to hold cooking demonstrations ways. Yoga classes/Playtime
- Yoga session last year- good response, activities open to conversations. Partnership with Three River Parks – scavengers hunts, yoga session, cold weather activities increase access to outdoors and other activities.

Sarah Brown (Guest):

- HealthPartners has a mental health initiative called Make It OK. We train ambassadors, share resources, etc. If this group isn't already connected with Make It OK, I'd be happy to help facilitate that relationship! <https://makeitok.org/>
- May is Mental Health Month
- (In response to Emily): We could have speakers geared towards parents/caregivers to address the earlier point Tamara brought up
- Billboard? Destigmatization for MH issues?

Krystal, Family Resource Centers:

- FRC'S Veggie RX program collaboration and that is a great connection to make for families. Cooking classes -Food is such a great connector for families. How can we get the word out on these programs.

Darcy Maskevich, Scott County Public Health:

- Health school nurse meetings in October to participate in? Tying in dental health to healthy eating? Expansion on work with dental clinics. Access to dental CLINICS are challenging and healthy food route is a good way to connect. 2/3 of families are not connected. Opportunities to connect.

Emily Starke, Community Education:

- NAMI MN to host a conference in the process of scheduling working with Allina to hold an event that will be offered in the fall in schools.

### **Committee/Organization Updates:**

#### **Open Door**

- Still looking for a location in Shakopee to purchase an existing building.
- Looking for ongoing medical providers and are providing services at SCGC 2x a month.
- Close to having a permanent medical provider and a Somali Nurse Practitioner that will begin in late summer.
- Looking at expansion in Carver County School Health based services. Looking to have a similar service within Shakopee school districts.

**CT/C:** Darcy Maskevich

- Belle Plaine Children's Dental services location in Mayo having trouble finding patients – marketing issues?
- Belle Plaine Children's Dental Clinic has 4 patients signed up so far, please refer any families to the dental clinic.

**ATOD Update:** Jayme Carlson

- Met with Haley and Sahra to talk about how DFC grant and SHIP can partner better moving forward. How to get Substance Use message to schools to parents to teens and to continue to partner that way.
- Being intentional with messaging. Making the parent handbooks online-E-Book.
- Schools can post direct link to schools where they can purchase and access them.
- Distributing talk-tins to have conversations started between families. 100 Talk tins in Spanish.
- Continuing to distribute those. Virtual Cannabis Awareness conference – some members are attending.

**Lisa Brodsky:**

- SMCC- Resources are available to them (parent handbooks) additional Opioid dollars – will continue to identify projects county approved several projects.
- Moms on A Mission to Succeed. Currently working with this group.
- Purchase of Narcan and UCARE funds created syringe service kits Narcan and Fentanyl test strips to get out into the community. Dental providers were sent deterra bags! They are a BIG prescriber of opioids. Hospitals are working on creating more syringe services and who are working with individuals who OD. Offering these services 2x a month and that people will be able to pick up. 24/7 hours accessibility of vending machine type dispensing syringes in the jails for inmates to access Fentanyl Narcan tests strips. Will have to wait for FDA to approve this.
- Identifying locations who will be providing test strips on a 24/7 basis to individuals who are in need, free of charge. Law enforcement have access in case of an OD situation. Contact NA groups and to distribute Deterra bags and fentanyl test strips.

**Transportation:** Alan Hermann

- Partnering with SHIP with food distribution arboretum.
- Helping with New Prague food Shelf.
- Partnership w/ Mi CASA.
- Meals on Wheels program-1 day per week

**ACES's Update:** Rocky Sodetani

- Handle with Care program that is going well no actual data is being enacted in schools' districts at this time. Jordan School District will begin programming in the Fall 2023.
- Working with SHIP- to put calming spaces in classroom settings an example being at Sweeney Elementary.
- Mental Health Center is working on providing trauma informed presentations to Prior Lake School families.
- Presented to Early Childhood Staff.
- End of April first week of May- Cohort of trainers to be certified by the MN Resilient Initiative.
- Working closely with FRC's and Together We Can in partnership to provide family programs. We've been promoting 100 Cups of Coffee.

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### Suicide Prevention Coalition Update

As part of the CHIC group, there will be a mental health and suicide prevention group that hasn't kicked-off yet. We are coming up with some activities. Have interested members who will partake in this group but has not started. SCPH is working with MiCASA in putting together a Suicide Prevention grant.